WHAT IS MPOX?

Mpox is a viral infection transmitted through close personal contact, including kissing, sex, and other skin-to-skin contact.

WHAT ARE THE SYMPTOMS?

RASH, BUMPS, OR BLISTERS
These may appear anywhere on the body, including the genitals. This may look similar to syphilis, herpes, or other common skin rashes.

FEVER & HEADACHES

MUSCLE ACHES

SWOLLEN LYMPH NODES

Symptom onset ranges from 3-21 days

WHAT YOU CAN DO

STAY INFORMED
Visit CDC or CDPH websites for up-to-date guidance.

CONTACT
If you have symptoms, call (do not visit) your health care provider about testing.

TAKE A BREAK
If you have symptoms, stay at home, wear a mask, and cover sores to protect others.

STOP STIGMA

ANYONE CAN GET MPOX

Blaming any one community may harm public health efforts and cause providers to miss mpox in other people.

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